



ACAP VIRTUAL CAREER READINESS WORKSHOP Mentor/Mentee and ACAP Alumni Interactions

Attempts are being made to match each of the 11 ACAP Virtual Workshop participants to professionals and ACAP alums who have expressed an interest in volunteering in some capacity or have some similarities: professional aspirations or career path, school attended or attending, locale, etc. In some instances, ACAP Alums or professionals may not have the availability during the day to attend the Virtual Office Hours and/or other scheduled Zoom sessions, but they do have some availability for one-on-one interactions with the students at other mutually-agreed on times.

To that end, following are some expectations and/or guidance on what those student interactions or conversations may look like before/during the Virtual Workshop this month:

Mentor/Mentee Interactions:

1. Mentors/Mentees will discuss how the students' homework assignments are going.
2. Talk about career aspirations: why you decided on that career path
3. Share any tips for success, staying focused, etc.
4. Conduct informational interviews as appropriate:

<https://www.surveymonkey.com/r/VJ5H726>

FYI, the Guest Speaker for the June 19th Virtual Office Hour from 9:00 am – 10:00 am is Mr. Steve Coker from SiriusXM. Going into that session, students should have thought about:

- Why would you seek a mentor? What do you hope to gain from the mentor/mentee relationship?
- What things (values) are important to you?
- What are your goals? Give me an example of how you plan to reach one of your goals.
- What are you willing to commit to in a mentor/mentee relationship?
- What accomplishments are you looking for?

Examples of Student/ACAP Alumni Interactions:

ACAP Experience:

1. What were your expectations going into ACAP?
2. Did ACAP meet your expectations? Why or why not?
3. Looking back, what (if anything), would you have done differently during ACAP Week?

College Experience:

1. What were your biggest anxieties as you transitioned from high school to college?
2. Why did you choose the college you attend(ed)?
3. Looking back, what (if anything), would you have done differently during your first year in college?

College Experiences (Building Relationships):

1. What organizations did you join while in college?
2. What do you do to maintain contact with NABA, ACAP, or others who helped you along the way? In what ways are you paying it forward?
3. Do you have mentors? If so, what role do they play in shaping your personal and professional development?

Other helpful resources for student interactions:

<https://www.dallasacap.com/virtual-college-readiness-workshop.html> (all things Virtual Workshop)

https://www.dallasacap.com/uploads/1/9/0/2/19027711/workshop_at-a-glance.pdf (Workshop At-A-Glance)

https://www.dallasacap.com/uploads/1/9/0/2/19027711/links_to_online_assignments.pdf (Links to Online Assignments)

https://www.dallasacap.com/uploads/1/9/0/2/19027711/what_makes_a_good_mentor.pdf (What Makes A Good Mentor)