



## **VIRTUAL COLLEGE READINESS WORKSHOP**

### **STUDY HABITS**

#### **Some Good Study Habits to Better Understand Your Lessons:**

- Know your dominant learning style
- Create and write down realistic study goals
- Make study time a part of your daily routine

#### **Some Study Habits That Can Improve Grades and Performance:**

- Write down every assignment
- Remember to bring your homework to class
- Communicate with your teacher
- Organize with color

#### **Some Good Study Habits**

- Try not to do too much studying at one time
- Plan specific times for studying (Plan: The next day, week, term or semester)
- Try to study at the same times each day (Best time of day; when you do work best? Are you an early bird or night owl, or something in between?)
- Set specific goals for study times
- Ask questions: Of all the good study habits you can develop, this one is key.
- Get, then stay, organized: Arrange your space, stuff, time and technology.