



## Accelerated Career Awareness Program (ACAP)

### How to Succeed in College for Entering College Freshmen

Area	Ask Yourself
<b>Academic Preparedness</b>	<ul style="list-style-type: none"><li>• How do I plan to manage my time to balance classes, studying, and extracurricular activities?</li><li>• What strategies do I use for effective studying and completing assignments?</li><li>• Am I aware of the academic resources available on campus (e.g., tutoring centers, writing labs)?</li></ul>
<b>Financial Literacy</b>	<ul style="list-style-type: none"><li>• Have I created a budget for my college expenses? What will I include in it?</li><li>• Do I understand the terms of my student loans and how they will affect my financial future?</li><li>• What strategies do I have for saving money while in college?</li></ul>
<b>Social Integrations</b>	<ul style="list-style-type: none"><li>• How do I plan to meet new people and get involved on campus?</li><li>• What are my interests or hobbies that I might pursue through campus clubs or organizations?</li><li>• How do I plan to stay connected with family and friends back home?</li></ul>
<b>Career Planning</b>	<ul style="list-style-type: none"><li>• Do I have a clear idea of what major I want to pursue? Why did I choose it?</li><li>• What resources are available at my college to help me with career planning and finding internships?</li><li>• How do I plan to start building my resume and professional network?</li></ul>
<b>Personal Development &amp; Well-Being</b>	<ul style="list-style-type: none"><li>• What are some ways I plan to manage stress and take care of my mental health in college?</li><li>• How do I plan to maintain a healthy lifestyle while managing a busy college schedule?</li><li>• What personal goals have I set for myself for my first year of college?</li></ul>